

Printable Essential Camping Checklist

Tent Total Tent	Notes		
T Taut manual turn 0 staless		Moisture-wicking underwear	Notes
□ Tent ground trap & stakes		□ T-shirts	
□ Sleeping bags		□ Hiking pants and shorts	
□ Sleeping pads or air mattresses –		🗆 Extra socks	
□ Pillows		□ Hat	
□ Camping chair –		\Box Sweatshirt, jacket, and coat	
\Box Flashlight and lantern (with		🗆 Rain gear (Rain jacket, poncho	
batteries or solar rechargeable) –	<u></u>	raincoat)	
Repair kit for tent		□ Swimwear	
□ Camping folding table –		Hiking boots or sturdy shoes	
Portable solar panel		□ Sandals or flipflops	
Hygiene & Self-care		• Safety	
□ Prescription medications	Notes	□ First aid kit	Notes
□ Towel -		Emergency blankets	
🗆 Toilet paper		Navigation (map, GPS, and	
□ Hand sanitizer -		compass)	
Toothbrush and toothpaste		□ Multi-tool	
□ Insect repellent		□ Headlamps	
□ Sunscreen			
Hand soap, body soap, and			
shampoo.		Entertainment	
□ Deodorant			
\Box Sunglasses -		□ Board games	Notes
		\square Book	
-		□ Notebook and pen.	
		\Box Camera	
		\Box Fishing gear	

Cooking Kitchen Notes Food Notes \Box Camp stove and fuel □ Cooking oil \Box Lighter and matches □ Spices, herbs and seasonings \Box Cooking pots and pans □ Fruits and vegetables □ Cooking utensils (spoon, fork, □ Eggs spatula, and tongs) \Box Cheese □ Sharp knife \Box Marshmallows □ Plates/bowls □ Chocolate □ Mugs/cups □ Bread □ Cutting board □ Dried fruits (raisins, dates, \Box Portable grill (if needed) figs...) □ Nuts (almonds, cashews, □ Water Jug walnuts...) □ Dish soap □ Energy bars □ Dish towels \Box Cereals \Box Reusable trash bags □ Peanut butter □ Containers for food storage □ Can opener/bottle opener

It's crucial to **plan and prepare** before going on a camping trip. This involves researching the camping location, checking the weather forecast, and securing all necessary permits and reservations. **Pack strategically**, focusing on lightweight, compact gear and dressing in layers to accommodate changing weather conditions. Practice setting up your tent beforehand, choose a suitable campsite, and adhere to **Leave No Trace principles** to minimize environmental impact. Bring an ample supply of food, water, and **emergency supplies**, including a first aid kit and navigation tools. Additionally, **always inform someone of your camping plans**, including your itinerary and expected return time, for safety purposes. By following these steps, campers can maximize their enjoyment while prioritizing safety and preparedness.